

3.4.3 Extension Activities



PEOPLE'S EDUCATION SOCIETY'S

SIDDHARTH COLLEGE OF LAW

Founder : Bharat Ratna Late Dr. B. R. Ambedkar

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TREE PLANTATION

Year: 2018-2019

No. of Student: - 15

Garden & Trees

The corporation has decentralized most of the main departments functioning at the city central level under Departmental Heads, and placed the relevant Sections of these Departments under the Assistant Commissioner of the Ward.

Horticulture Assistant & Jr. Tree Officer are the officers appointed to look after works of Garden & Trees department at ward level.

Jr. Tree Officer is subordinate to Tree Officer appointed to implement various provisions of 'The Maharashtra (Urban Areas) Protection & Preservation of Trees Act, 1975 (As modified up to 3rd November 2006).

As per Central Right to Information Act 2005, Jr. Tree Officer is appointed as Public Information Officer for Trees in the ward jurisdiction and as per Maharashtra Public Records Act-2005 and Maharashtra Public Records Act Rules -2007, he is appointed as Record Officer for Trees in ward jurisdiction.


As per Section 63(D) of MMC Act, 1888 (As modified up to 13th November 2006), development & maintenance of public parks, gardens & recreational spaces is the discretionary duty of MCGM. Horticulture Assistant is appointed to maintain gardens, recreational grounds, play grounds in the Ward.

As per Central Right to Information Act 2005, Horticulture Assistant is appointed as Public Information Officer for gardens, recreational grounds, play grounds in the ward jurisdiction and as per Maharashtra Public Records Act-2005 and Maharashtra Public Records Act Rules - 2007, he is appointed as Record Officer for Trees in ward jurisdiction.

Garden: - Garden Works includes development & maintenance of gardens, recreational grounds & play grounds.

Horticulture Assistant of the ward is responsible to Assistant Commissioner of the Ward and Zonal Dy. Municipal Commissioner for day-to-day work of the department in respect of




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Administrational and policy work. He is also responsible to Asst. Supdt. of Gardens of Zone in respect of technical matters.

Tree Authority: -

Role of Tree Authority is to implement 'The Maharashtra (Urban Areas) Protection & Preservation of Trees Act, 1975 (As modified up to the 3rd November 2006). It includes Protection &

Preservation of trees, taking action against illegal tree cutting, trimming of trees, transplanting of trees. Jr. Tree Officer is subordinate officer to Tree Officer appointed to carry out duties as per 'The Maharashtra (Urban Areas) Protection & Preservation of Trees Act, 1975 (As modified up to the 3rd November 2006)



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We should consider the fact that we all need trees and trees are important to us humans. Save them and they will save us in return. Plant more trees and as you plant trees you are planting life too because of the fact that they are giving us fresh air, woods that we people used to build our houses.



DR. SUDHAKAR REDDY
(I/C PRINCIPAL)

ROAD SAFETY RALLY

Year: 2018-2019

No. of Student: - 15

Road safety is the prevention of road accidents by obeying the road safety rules and regulations. The most important factor of road safety is the need for skillful and cautious driving so that passengers, pedestrians and drivers stay safe. Developing better roads is also important to avoid road accidents.

Every year road crashes result in loss of lakhs of lives and serious injuries to crores of people. In India itself about eighty thousand people are killed in road crashes every year which is thirteen percent of the total fatality all over the world. Man behind the wheel plays an important role in most of the crashes.

Basic Rules of Road Safety

Every step we take in life has a set of rules. Likewise, road safety has a few regulations, and they are very important for us to follow for keeping us safe while driving. Let us learn fundamental road **safety rules** by reading BYJU'S road safety awareness essay. The first road safety rule is to keep your eyes on the road. If you are driving, it is crucial that you pay attention to the road in front of your car and don't allow your mind to wander. Driving needs focus and concentration, so you should make sure that you take breaks when your brain starts to feel tired or if something distracts you. Moreover, one must follow these rules that include removing distractions from the eyes, hands, and mind while driving, using turn signals, and signaling before changes in speed or direction. Following the road safety rules alongside **safety in daily life** helps us stay safe.


Other road safety rules are to obey all traffic signals like stop signs, red lights etc., wear seatbelts/helmets, maintain the speed limit and safe distance, don't drink & drive, and also don't drive without having a driving license.

Importance of Road Safety

Road safety is the prevention of road accidents by obeying the road safety rules and regulations. The most important factor of road safety is the need for skillful and cautious driving so that passengers, pedestrians and drivers stay safe. Developing better roads is also important to avoid road accidents.

Road safety measures, including the use of road barriers and highway barriers, are aimed at reducing the risks of people getting involved in accidents in the first place. Following these measures, the chances of accidents, injuries and damage to property are vastly reduced.




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Pedestrians must always walk on the left side of the road. Never drink and drive. Do not drive and talk on the phone simultaneously. Ensure the vehicle never exceeds the limits. People riding bikes and scooters must always wear helmets and including the co-passenger.



When cars are designed with speed in mind, they are more likely to be involved in a crash, so careful driving is very essential. Ensuring everyone is safe on the road is important in keeping people's lives safe from accidents. Driving is the standard way of transportation in today's world. If someone injures themselves in a road accident, it can be the result of not following the road safety measures. Hence, it is important to follow road safety rules and drive safely.



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YOGA FOR FITNESS

Year: 2018-2019

No. of Student: - 15

Yoga is a practice that connects the body, breath, and mind. It uses physical postures, breathing exercises, and meditation to improve overall health. Yoga was developed as a spiritual practice thousands of years ago. Today, most Westerners who do yoga do it for exercise or to reduce stress.

Yoga-like practices were first mentioned in the ancient [Hindu text](#) known as [Rigveda](#). Yoga is referred to in a number of the [Upanishads](#). The first known appearance of the word "yoga" with the same meaning as the modern term is in the [Katha Upanishad](#) which was probably composed between the fifth and third centuries BCE. Yoga continued to develop as a systematic study and practice during the fifth and sixth centuries BCE in ancient India's [ascetic](#) and Sramana movements. The most comprehensive text on yoga, the [Yoga Sutras of Patanjali](#), date to the early centuries of the [Common Era](#). [Yoga philosophy](#) became known as one of the six [orthodox philosophical schools](#) (Darsana's) of Hinduism in the second half of the first millennium CE. [Hatha yoga](#) texts began to emerge between the ninth and 11th centuries, originating in [tantra](#).

The term "yoga" in the Western world often denotes a modern form of Hatha yoga and a [posture-based physical fitness, stress-relief and relaxation technique](#), consisting largely of [asanas](#). This differs from traditional yoga, which focuses on [meditation](#) and release from worldly attachments. It was introduced by [gurus](#) from [India](#) after the success of [Swami Vivekananda](#)'s adaptation of yoga without asanas in the late 19th and early 20th centuries.



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The purpose of Yoga is to create harmony in the physical, vital, mental, psychological and spiritual aspects of the human being. In the foregoing pages of this book, I have described the Technique of relaxation in different postures viz., standing, lying and sitting postures which brings in this harmony. Yoga is not mere practice for an hour or two in a day but it is the most scientific way of living, all the twenty-four hours of the day. During the whole day you may be only in one of these three postures and hence a skillful adjustment in them will effect the required harmony. "Yogasthah Kuru Karmani- Be established in Yoga and do all your duties." "Yoga karmasu Kausalam-Yoga is skill in action." Skill here means to be in tune with the nature of the Supreme Reality. Be a Yogin always, is the loving instruction of Lord Krishna. Convert life into Yoga, so that you may ensure success in all the fields of activity. By regular practice, by using your presence of mind, skill and wisdom, you can become Yogin's and enjoy happiness and peace, whatever be the circumstances and conditions in which you are placed.



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DRUG AWARENESS PROGRAM

Year: 2021-2022

No. of Student: - 150


Organize A Drug Awareness Event

The plays will highlight the menace of drugs, delineating how a family loses everything to the evil. The basic idea is to dissuade impressionable youths from succumbing to the fake glamour of drugs culture, which will provide an insight into the anguish of the drug addicts and family members, will be performed by in-house clients, staff and interns studying social welfare.

The United Nation's General Assembly in 1987 decided to observe the day to achieve the goal of an international society free of drug abuse.

To create awareness about drug abuse through drama and humor, team members presented a street play on drug addiction to mark UN International Day against Drug Abuse and Illicit Trafficking.




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CLEANLINESS DRIVE

Year: 2019-2020

No. of Student: - 60

These cleanups are typically done to protect the marine ecosystem, wildlife, and the overall environment. Beach cleanups are essential in combating the growing problem of marine pollution and its detrimental effects on marine life and coastal communities.

Community Awareness: cleanups raise public awareness about the impacts of pollution on beaches and oceans. They help educate people about the importance of responsible waste disposal and the need to reduce single-use plastic items.

Aesthetic and Tourism Value: Clean Places are more attractive to tourists and locals alike. Tourism-dependent communities often rely on pristine beaches for their economic well-being. Regular cleanups help maintain the aesthetic appeal of these areas.

Preventing Plastic from Entering the Ocean: Many places' cleanups target plastic waste since it is a major contributor to ocean pollution. By intercepting litter before it enters the water, beach cleanups help reduce the overall plastic load in the ocean.

Global Impact: cleanups, especially large-scale ones like International Coastal Cleanup Day, have a global impact. They raise awareness not only locally but also on a broader scale, highlighting the urgency of the marine pollution issue worldwide.

By cleaning up our places, we prevent harmful substances from entering the marine environment. Human Health: Polluted areas can harm human health. Trash and pollutants can contaminate the water and affect the safety of seafood harvested from these areas.



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AIDS AWARENESS PROGRAM

Year: 2022-2023

No. of Student: - 100


Under the aegis of 'Azadi ka Amrit Mahotsav', the Government has implemented two phases of awareness campaigns on HIV/AIDS, Tuberculosis and Voluntary Blood Donation. Phase II of awareness campaign on HIV/AIDS and TB was launched on 12th October 2021. The campaign endeavors to generate awareness regarding prevention of HIV/AIDS and TB, promotion of related services and reduce stigma and discrimination related to HIV/AIDS and TB.

During Phase I of the campaign, students from our Institution participated in various competitions like painting, online quiz, poster making, signature campaigns, mask making and reel making competitions to generate awareness on HIV/AIDS and TB.

The key challenges faced in combating HIV/AIDS are stigma and discrimination.

World AIDS Day brings together people from around the world to raise awareness about HIV/AIDS and demonstrate international solidarity in the face of the pandemic. The day is an opportunity for public and private partners to spread awareness about the status of the pandemic and encourage progress in HIV/AIDS prevention, treatment and care around the world. It has become one of the most widely recognized international health days and a key opportunity to raise awareness, commemorate those who have died, and celebrate victories such as increased access to treatment and prevention services.




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PLASTIC BAN STREET PLAY

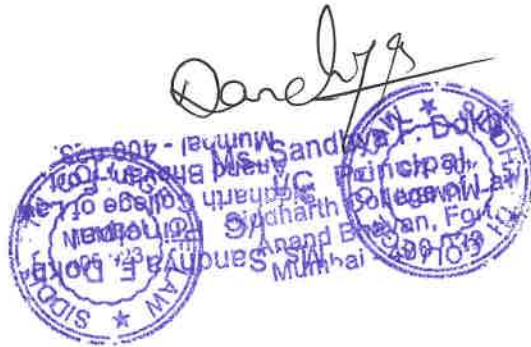
Year: 2022-2023

No. of Student: - 10

The global and transboundary challenge of plastic pollution poses major threats to the environment, human health, and sustainable development. The impacts from plastic pollution span the entire life cycle of plastics its repercussions on livelihoods, human well-being, and ecosystems are experienced and perceived differently across diverse socio-economic and geographical contexts. Governing plastic pollution has only become more complex, with growing production and consumption, international waste trade, and diversified pollution sources.

In the Indian policy context, plastic pollution has largely been framed as a littering issue, particularly focusing on promoting 'cleanliness' and 'aesthetics' over larger concerns related to plastic waste management, such as improving source segregation and waste collection coverage and reducing toxic releases of chemicals, burning of waste, and fossil fuel dependence. Although India's target to combat plastic pollution has been enunciated through the Government of India's (GOI's) pledge to eliminate all SUP in the country by 2022, the implementation of related regulatory measures continues to face challenges. These link to health and environmental concerns of SUPP alternatives, industry interests, and social equity considerations.

A stronger knowledge base on these aspects can mitigate negative social and environmental externalities, including potentially harmful consequences of ambitious plastic pollution reduction measures.






The street play with an objective to create awareness amongst the public, the importance of greenery and planting more trees in order to reduce environmental pollution for the survival of animals and mankind. They also highlighted the effects of usage of plastic bags to the public.

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@ OLDAGE HOME: VISIT AND HELP: 2021-22



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@ Education to weaker sector students 2022-23



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@ POND/ LAKE CLENGING 2021-22



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